



ECCLES RUGBY FOOTBALL CLUB

Founded 1897

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2020/2021 AGM WALKING RUGBY REPORT

Since our last report, the Eccles Walking Rugby Group has gone from strength to strength with new members from inside and outside the club giving it a go.

Despite the interruption to our sessions caused by the pandemic we have recruited three new ladies, two new men and some past members of the club that have been worn down by my constant wittering on about how great our game is played at a slower pace!

Obviously with Covid restrictions slowly lifting more people are now able to get out and about and this has helped. The social side of the game is also improving with the reopening of the club bar.

Walking Rugby is inclusive. For some of us it provides an extension to our rugby playing life, and for others it enhances skills that are a little more difficult when played at a faster pace. The age range of the group is from early 70s to quite a lot younger than 40s and we have all genders and all skills levels, from pretty bad to worse than that!

We don't play any competitive games (although you wouldn't know it if you were watching on Monday night) so I don't have any match stats to report, but what I can report is that everyone has a great time and we enjoy some great banter.

So thanks to all the guys and gals that turn up on Monday and let's hope we can get more people involved and enjoying what I think is a new lease of life for those boots you hung up in the shed all those years ago with the words 'I don't want to get rid of them they may come in handy '.

Thanks for reading my ramblings.
Yours in (walking) Rugby, Benty.

Alan Bent, Eccles RFC Walking Rugby
June 2021

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